Chapter I

INTRODUCTION

1.1 Background of Study

The wholeness of human is performed in the growth of normal and sexual health. Sexual potential appears in human behavior development. The sexual behavior biologically guarantees the continuity of human existence in the world. It psychologically gives a satisfaction of sexual desire. And socially, it provides a basis of love and affection between couples according to the values. But sometimes there are deviations in human behavior resulted in the growth of sex abnormalities (Coleman, 1976, p.558).

The writer decided to choose sex deviation as a topic. This paper offers a psychoanalytic reading of the novels *Fifty Shades of Grey* and *Fifty Shades of Darker* with the special regard to the psycho analogy theories using three essays in the theory of sexuality. *Fifty Shades of Grey* is an erotic romance novel and directed by E.L James. E.L James is a British author who was born on March 7, 1963. An originally television executive, James began writing erotic stories inspired by the *Twilight* fiction series and published them online. She wrote the bestselling erotic romance trilogy novels *Fifty Shades of Grey, Fifty Shades Darker, and Fifty Shades Freed*. This novel was made into a film and had a wide theatrical release on February 13, 2015, by Universal Pictures. It was an immediate box office success, breaking numerous box office records and earning over $500 million. It is currently the highest-grossing film of 2015. In this thesis the writer prefers using novel than film. This novel tells about a girl dealing with a man who has abnormalities in sexual activities.

The story begins when Anastasia Steele went to interview a young entrepreneur, Christian Grey. She encountered a man who is charming, brilliant, and intimidating. Ana, an innocent woman who start to realize that she liked Mr. Grey despite his enigmatic reserve, desperately to get close to him. Unable to resist Ana, a beautiful girl having wit and independent spirit, Grey admitted that he wanted her too, but in his own terms. When the couple embarked on a daring, passionately physical affair, Ana
discovered Christian Grey’s secrets and explored his own dark desires, one of them was BDSM.

BDSM is an acronym that stands for bondage and discipline, dominance and submission, as well as sadism and masochism. This case is very sensitive because mostly talking about sex. The writer raised this case because she wanted to know the factors that caused a person to have sex deviations. This theory describes why people practice BDSM (though the focus is mainly on the practice of Sadomasochism). According to Freud (2000), sadism and masochism are two kinds of sex deviation, a sexual perversion characterized by pleasure in being subjected to pain or humiliation. A person who feels pleasure in producing pain to someone else in a sexual relationship is also capable of enjoying as pleasure any pain derived from sexual relation. And Freud said that masochism is nothing more than an extension of sadism turned round upon the subject's own self, which thus, to begin with, take places of sexual object.

In this thesis the writer chooses the Fifty Shades of Grey and Fifty Shades Darker novels to be analyzed, because the novels are relevant to the theory. Besides, Fifty Shades of Grey and Fifty Shades of Darker are relevant to the theory, the writer is interested in the topic of sexual deviation, especially sadomasochism because there are some reasons why people become sadistic or masochistic and also she wants to know that bad experience can impact negatively in the future.

In addition, this analysis will help the reader to know how important sex knowledge since childhood and this research will also answer the problem about the reasons why people become sadomasochism.

### 1.2 Previous Research

Before the writer does the research, she has read some previous researches that can help her to do a new research. The first research was from Bert Cutler (2003), a graduate from The Institute for Advanced Study of Human Sexuality San Francisco, California. His thesis titled Partner Selection, Power Dynamics, and Sexual Bargaining in Self-Defined BDSM Couples. The problem formulations are to demonstrate the prevalence of quality long-term committed Bondage and Discipline, Dominece and Submission, and Sadistic and Masochistic (BDSM) relationships. In this study Cutler combined both
qualitative and quantitative method because he interviewed some BDSM communities concerned with the case of BDSM. He gave some sensitive questions to them, and after that he calculated the number of the answer in the interviews.

The second research is from Hopper (2011), a graduate from Western Kentucky University whose thesis entitled *Socialization, Role Attainment and Stigma Management in BDSM* her problem formulation seeks the aspects of socialization within the Bondage, Domination, Sadism, and Masochism (BDSM) subculture. Firstly, the research will determine social factors that help introduce a person to the BDSM subculture. Secondly, the research will specify how individuals identify the roles associated with the subculture and adapt to them. And her goals will address how members of the subculture manage and overcome associated stigmas. She used qualitative and quantitative as her methods of research. It helps her to understand the information about BDSM community and how to use this method to analysis that case.

The third research is of Matlwa (2006) from the University of Zululand whose thesis is entitled *Trauma Experiences Of Ex-Combattees*. She thought that combat history and experiences of ex-combattees had impact on the lives of the ex-combattees such as their families and friends. The problem formulation is to explicate how combat experienced in the past impact on future. The goals are to help ex-combattees manage their frustrations and disappointments in the post liar period. This thesis is interesting because she interviewed some people in that case. It was really difficult to interview them because they did not want to explain and to remember the accident. This challenged the author to convince the victims, so they would be interviewed and assisted to escape from the trauma.

Those previous researches greatly help the writer to find a new idea that she can learn how to make a good analysis by comparing hers with the previous analyses especially about BDSM and trauma. Traumatic events that are known to make the victim feel depressed and hopeless, usually occur because of terrible incidents. Trauma can occur when there is a terrible incident experienced by adults or children. The writer tries to analyze whether the trauma of the past can lead to negative behavior especially BDSM in the future. She will tries to prove it through the *Fifty Shades of Grey* and *Fifty Shades of Darker* novels by EL James using library research as the research method.
1.3 Problem Formulation

There are three problems needed to be solved in this study. They are:

1. What are symbols in the *Fifty Shades of Grey* and *Fifty Shades of Darker* novels that show BDSM and do that symbols have any relations with theme?

2. What are the factors that cause a person to have sex deviations in the novel *Fifty Shades of Grey* and *Fifty Shades of Darker*?

3. Does trauma or bad experiences during childhood have negative impact on adulthood as seen in the novel *Fifty Shades of Grey* and *Fifty Shades of Darker*?

1.4 Scope and Limitation

This study will be focused on two novels entitled *Fifty shades of Grey* and *Fifty Shades of Darker* by E.L James, the limitation of this study is the characters in the novel. Meanwhile, for this study will analyze about trauma and sadomasochism by Freud as well as the stage by Erikson as the theory relevant to those novels. especially the characters and symbol in the novel.

1.5 Goals of research

Based on the problems which are formulated, the goals of this study can be found in the following lines.

1. To find out the symbols showing BDSM and to find out that symbols have relation with theme.

2. To find out the factors that cause a person to have a sex deviation.

3. To discover the underlying trauma or bad experience during childhood which have negative impact in the adulthood?