CHAPTER II
LITERATURE REVIEW

2.1 Main Concepts Used
The writer’s collection of poems will be taking the theme of love. To narrow it down, the writer wants to focus on the negative side of love which is sadness, separation, regret, and longing. With that, the writer will use the concepts of these topics. Not only that, but the writer also uses literary devices to write the poems as well as to criticize and evaluate the poems.

2.1.1. Love
According to an article published by Verywell Mind (2020), love is intimacy, passion, commitment emotions, and also behavior from beings. Not only that, closeness, protectiveness, attraction, affection, and trust are also involved. Moreover, a study by Sandra J. E. Langeslag and Jan W. van Strien (2016) stated that:

Love has positive effects on individuals and society. For example, love is associated with positive emotions such as euphoria, happiness, and life satisfaction. But love also has a negative impact. For example, love is associated with stress, jealousy, and romantic break-ups are associated with sadness, shame, a decrease in happiness and life satisfaction, and depression (Introduction).

2.1.2. Sadness
According to Paul Ekman, Sadness is one of the seven universal emotions experienced by everyone resulting from the loss of someone or something important. Sadness is one of the longer-lasting emotions and often cycles through periods of protest, resignation, and helplessness. Sadness is commonly triggered by rejection, endings and goodbyes, and the death of loved ones.
2.1.3. Separation
According to CoEvolvewithkiran (2012), Separation is often viewed as fundamentally contradictory to love. Yet, without accepting separation, love is reduced to a desperate attachment; until we discover the beauty of aloneness. Separation is often seen as unpleasant. Whether it be separation from the mother during childbirth, the separation between a husband and wife, or separation between lovers.

2.1.4. Regret
According to Melanie Greenberg (2012), regret is a negative cognitive or emotional state that entails blaming oneself for a terrible outcome, experiencing a sense of loss or sadness for what may have been, or wishing we could erase a past choice that we made. The less one has to improve the situation, the more probable it is that regret will evolve into rumination and cause long-term stress, which will harm both the mind and the body.

2.1.5. Longing
According to Diana Raab (2015), longing has been defined as a heart awakening, which may be thought of as the most direct path back to our original self. We feel a sensation of separation when we long. This, in turn, pushes us to form a bond with something or someone we desire. Longing for something and then having it can lead to emotions of completeness.

2.1.6. Literary Devices
According to Sean Glatch (2020), The foundation of literature and what makes it so enthralling are literary devices. Through the use of literary devices in poetry and prose, language develops. The many figurative language styles add different kinds of spark to writing.
2.2. Previous Similar Works

Previous work is needed to gain inspiration based on a similar topic. The first collection of poems book is written by Adi K. It is titled *A Poem with Your Name*. The book has a total of 196 pages and it is Adi K.’s 50th book. The book was published in 2018. Adi K. is a professional photographer who has a great passion in literature especially poetry.

*A Poem with Your Name* contains poems that have a big topic, namely love which is addressed to someone who is in the heart. In more detail, the poems written have various genres such as joy, sadness, warmth, and even the beauty of love. Because the writer wants to work on a collection of poems that has the topics of sadness, regret, longing, and separation, which are more to the negative side of love, the writer will use poems with similar topics from Adi K.'s book.

In this book, there are many poems that the writer likes. The writer makes this book one of his favorites which he often reads in his spare time or while sipping his iced black coffee. For example, here are two poems that the writer enjoys reading and takes inspiration from:

First poem:

“Sometimes I miss the pain you left me. The pain that tortured me, and also, nurtured me. I keep replaying you in my head. The shape of your tender eyes. The softness of your skin. Your voices that keep me awake at night. Everything is like a broken record; they are endlessly playing over and over again.”

Second poem:

“If letting go was easy, there will be no wars, no tears, and no poetry.”

The writer uses Adi K.'s work as an inspiration because he really likes the writing style and the choice of words. The writer feels very relatable to the poems written because of the language style used and the choice of words chosen that are simple but sufficient to describe the sadness, loneliness, and longing to be conveyed. Not only that, but Adi K. also used beautiful illustrations to support the visualization of the poems he wrote. This makes certain messages that wanted to be delivered can be conveyed thoroughly.
Every poem written is also straight to the point, not long-winded. This makes the writer addicted and wanted to keep reading each subsequent page. Moreover, Adi K.’s poems are like telling a story so the writer wants to know the continuation of the story.

The writer uses the collection of poems entitled *A Poem with Your Name* as an inspiration because he feels that the book written by Adi K. aligns with the collection of poems that the writer will work on himself. The writer sees this book as having similar topics and themes, which makes the writer inspired and motivated to produce work that feels warm and close to the readers, as Adi K.’s book shows.

The second book of the collection of poems that the writer uses is *Flowers over the Bench* by Gyanindra Ali. The book was first published in 2019. Gyanindra Ali began to feel his love for poetry skyrocketed after he read Khalil Gibran's poem titled “On Children”. It was this poem that eventually inspired Gyanindra Ali to begin writing his own poetry. Gyanindra Ali is a diplomat candidate of the Ministry of Foreign Affairs of the Republic of Indonesia and also a writer. He graduated from both University of Indonesia completing a Bachelor of Social Sciences, and the University of Queensland completing a Bachelor of Communication. This book is his first poetry collection book.

The book *Flowers over the Bench* is unique because the poems are divided into three chapters; Spring, Fall, and Extras. In the Spring chapter, Gyanindra Ali wrote poems that admire and praise his lover. In addition, Gyanindra Ali also made his moments of togetherness with his lover into beautifully-written poems.

Then, in the Fall chapter, Gyanindra Ali began to write down deeper feelings. He began to describe the feelings of love that made him hurt. The dark side of the same love that gave him joy in the previous chapter. Therefore, the writer took inspiration from the Fall chapter because it has a theme and topic similar to what the writer wants to create in his later collection of poems. In this chapter, the writer picks on two examples of poems:

First poem:
“You told me that you love all the flaws that cover my body; all the bruises and all the scars and the stories that they bear. I think you love them too much that you give me more yourself. More bruises and more scars to put your stories onto my body.”

Second poem:

“You leave me speechless with the words you had said. With each word cuts deeper than a blade.

I do not want to hear another word from your lips. Although it is the same lips that caused my heart to trip.

You and I, we can disagree on any night or day. But keep cursing my name, and watch me slowly go away.”

Just like the first book, the writer also likes the second book because of its language style and choice of words. It is simple but significant in describing such deep sadness. Even though it is written without illustrations, every poem that is written does not lose its essence and power in conveying each message to be conveyed. This is what inspired the writer. The writer wants his later work to also use simple vocabulary, language, and word choice but still be powerful in conveying messages. This work will align with the writer's later work because of its similar theme and topic discussed.

The third and last book that the writer uses is titled *The Moon and Her Secrets* by Leony Jardine. It has 195 pages with 4 chapters and was first published in 2022. Leony Jardine got her bachelor’s degree in Marketing Communication from LSPR Communication and Business Institute. She is now working as a Social and Digital Specialist. The book consists of poems about the complexity of human emotions, including various thoughts, unspoken feelings, and unresolved relationships. The writer's favorite is Chapter 1, entitled "The moon, first love, and heart break." As the title suggests, this chapter contains many poems with the theme of first love and heartbreak. Here are two examples of poems that can be found in Chapter 1:

First poem:

“Our relationship is like people who discover gold in the deepest stratum

We know it is there but do not have a nerve to dig deeper.
In the end, we just let it pass wishing to find the same gold in the jewelry store.”

Second poem:

“I never been really amazed by a farewell, until it was done by you.”

The writer has been appreciating how the first two books have a simple language style and vocabulary selection. Likewise with the third book. Having several chapters makes this book interesting because each chapter has its own theme. This book also has a few illustrations in the form of pictures of the moon on each page. Not only that, some pages are printed in blue which is intended as spotlights or highlights of certain poems. This really inspires the writer to use a similar treatment to poems that are considered significant. The writer also believes that Leony Jardine's work aligns with his later work because it has similar themes and topics.